Payment Policy | Hospital Readmission

EFFECTIVE DATE: 01/01/2015
POLICY LAST UPDATED: 02/04/2014

OVERVIEW

This administrative policy is applicable to facilities reimbursed based on a contracted DRG or case rate methodology. It defines the payment guidelines for readmissions to an acute general short-term hospital occurring within thirty (30) calendar days of the date of discharge from the same acute general short-term hospital or hospital system for the same, similar, or related diagnosis.

This policy applies to the following facilities for readmissions that have occurred within thirty (30) calendar days of a previous discharge:

- In network facilities within the same hospital system
- In network independent facilities

Blue Cross and Blue Shield of RI (BCBSRI) shall conduct a medical records review to determine if the second hospital admission is related to the primary hospital admission.

PRIOR AUTHORIZATION

This policy does not supersede any inpatient recommended or required preauthorization or notification rules that are currently in place.

POLICY STATEMENT

BCBSRI shall conduct hospital readmission review to determine if the readmission was considered clinically related to the initial admissions with a reasonable expectation that it could have been prevented if during the initial hospitalization, adequate discharge planning, post-discharge follow-up, and coordination efforts between inpatient and outpatient health care teams had occurred. Readmission determined to be related to the primary admission will not be reimbursed.

Excluded from readmission review are:

- Readmissions that are planned for repetitive treatments such as cancer chemotherapy, transfusions for chronic anemia or other similar repetitive treatments or scheduled elective surgery
- Readmissions due to malignancies (limited to those who are in a active chemotherapy regimen) burns or cystic fibrosis
- Readmissions due to bone marrow transplants
- Obstetrical admissions
- Readmissions with a discharge status of left against medical advice
- Readmissions greater than 30 days from the last discharge
- In network facilities that are <u>not</u> reimbursed based on a contracted DRG or case rate methodology (e.g. per diem)

BCBSRI reserves the right to perform retrospective medical records reviews and retract payment according to the guidelines in this policy. These medical record reviews are not medical necessity reviews and as such are not required to follow or are applicable to Rhode Island's utilization review law. Standard administrative provider appeal rights/process is applicable in cases in which BCBSRI determines the readmission is related

to the initial admission and the provider is in disagreement with the determination of non-payment of the readmission by BCBSRI.

CRITERIA

Medical records shall be reviewed to determine if the readmission was clinically related to the primary admission based on one of the following criteria:

- A medical readmission for a continuation or recurrence for the initial admission or closely related condition (e.g. readmission for diabetes following an initial admission for diabetes)
- A medical complication related to an acute medical complication related to care during the initial admission, (e.g. patient discharged with urinary catheter readmitted for treatment of a urinary tract infection)
- An unplanned readmission for surgical procedure to address a continuation or a recurrence of a problem causing the initial admission (e.g., readmitted for appendectomy following and a primary admission for abdominal pain and fever)
- An unplanned readmission for a surgical procedure to address a complication resulting from care from the primary admission (e.g., readmission for drainage of a post-operative wound abscess following an initial admission for a bowel resection)

Note: Medical record review is to determine if the admission is related and not an assessment of medical necessity or appropriateness of the setting.

BACKGROUND

BCBSRI defines a readmission review as admissions to an acute, general, short-term hospital occurring within 30 calendar days from the date of discharge from the same or another acute, general, short-term hospital. Neither the day of discharge nor the day of admission is counted when determining whether a readmission has occurred.

Readmission review procedures require that a medical records review is performed on both hospital stays. The review should consider the information available to the attending physician who discharged the patient from the initial admission. Determination of a premature discharge should not be the basis for the information that the physician or facility could not have known or anticipated at the time of discharge.

In accordance with CMS, specific actions that may be taken when it is determined that the readmission was the result of an action that resulted in unnecessary admissions, premature discharges and readmissions, multiple readmissions, or other inappropriate medical indication, BCBSRI may deny payment if it is determined that the readmission meets one of the guidelines in this policy.

COVERAGE

Benefits may vary between groups/contracts. Please refer to the appropriate subscriber agreement or evidence of coverage for applicable inpatient coverage/benefits.

CODING

Not applicable

RELATED POLICIES

None

PUBLISHED

Provider Update	Nov 2014
Provider Update	August 2013

REFERENCES

Centers for Medicare & Medicaid Services (CMS). *Medicare Claims Processing Manual*. Chapter 3: Inpatient Hospital Billing. §40.2.4: IPPS Transfers Between Hospitals. Part A: Transfers Between IPPS Prospective Payment Acute Care Hospitals; p.116. [CMS Web site]. 12/10/10. Available at: http://www.cms.gov/manuals/downloads/clm104c03.pdf. Accessed September 29, 2011.

Centers for Medicare & Medicaid Services (CMS). *Medicare Learning Network*. Acute Care Hospital Inpatient Prospective Payment. [CMS Web site]. 12/17/10. Available at: http://www.cms.gov/MLNProducts/downloads/AcutePaymtSysfctsht.pdf. Accessed September 29, 2011.

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