

**EFFECTIVE DATE:** 01|01|2024

**POLICY LAST REVIEWED:** 12|20|2023

## OVERVIEW

Duchenne muscular dystrophy (DMD) is an inherited disorder that results in progressive muscle weakness and loss of muscle mass, primarily affecting males. DMD results from non-sense or frame-shifting variant(s) in the DMD gene which is responsible for producing dystrophin, a cohesive protein essential for maintaining muscle support and strength. Delandistrogene moxeparvovec-rokl is an adeno-associated virus vector-based gene therapy which encodes a novel, engineered protein micro-dystrophin protein. This novel micro-dystrophin protein is a shortened version (138 kDa, compared to 427 kDa size of dystrophin expressed in normal muscle cells) that contains selected domains of dystrophin expressed in normal muscle cells.

## MEDICAL CRITERIA

Not applicable.

## PRIOR AUTHORIZATION

Not applicable.

## POLICY STATEMENT

The use of delandistrogene moxeparvovec-rokl is considered not covered for Medicare Advantage Plans and not medically necessary for Commercial Products for all indications including the treatment of Duchenne muscular dystrophy as the evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

## COVERAGE

Benefits may vary between groups and contracts. Please refer to the appropriate Benefit Booklet, Evidence of Coverage or Subscriber Agreement for not medically necessary/not covered pharmacy benefits/coverage.

## BACKGROUND

### Duchenne Muscular Dystrophy

Duchenne muscular dystrophy (DMD) is an X-linked, recessive disorder that occurs in approximately 1 in every 3500 to 5000 males. It primarily affects males. However, a small number of females are also affected, but are usually asymptomatic. Even when symptomatic, most females typically only present with a mild form of the disease. According to U.S. epidemiologic data, the first signs or symptoms of DMD are noted at a mean age of 2.5 years (range, 0.2 to 1 years). Although histologic and laboratory evidence of myopathy may be present at birth, the clinical onset of skeletal muscle weakness usually does not become evident until early childhood. The average age at diagnosis is approximately 5 years. Symptoms include motor difficulties such as difficulty running, jumping, and walking up stairs, along with an unusual waddling gait. Some improvement in symptoms may be seen from 3 to 6 years of age, though gradual deterioration resumes and most individuals lose ambulation by age 12 and require noninvasive ventilation by the late teenage years. Individuals progress from needing noninvasive ventilation only during night sleeping, followed by noninvasive ventilation during day and night sleeping, and then noninvasive ventilation during day and night over the course of 5 to 10 years. Median life expectancy more recently has increased into the fourth decade, primarily through improved respiratory management and cardiac care.

DMD occurs as a result of variant(s) in the gene responsible for producing dystrophin, a cohesive protein that is essential for maintaining muscle support and strength. DMD is the longest known human gene, and several variants can cause DMD. Most deletion variants disrupt the translational reading frame in the dystrophin messenger RNA resulting in an unstable, nonfunctional dystrophin molecule. As a result, there is

progressive muscle degeneration leading to loss of independent ambulation, as well as other complications, including respiratory and cardiac complications. Genetic testing is required to determine the specific DMD gene variant(s) for a definitive diagnosis, even when the absence of dystrophin protein expression has been confirmed by muscle biopsy. There are over 4700 variants in the Leiden DMD mutation database, and the most common variants are concentrated between exons 45 and 53.

### **Regulatory Status**

In June 2023, delandistrogene moxeparvovec-rokl (Elevidys; Sarepta Therapeutics) was approved by the U.S. Food and Drug Administration (FDA) for treatment of ambulatory pediatric patients aged 4 through 5 years with DMD with a confirmed mutation in the DMD gene. This indication was approved under accelerated approval based on expression of delandistrogene moxeparvovec-rokl micro-dystrophin in skeletal muscle observed in patients treated with delandistrogene moxeparvovec-rokl. Continued approval for this indication may be contingent upon verification and description of clinical benefit in a confirmatory trial(s).

Treatment with delandistrogene moxeparvovec-rokl is intended to slow or stabilize progression of DMD, to alter the disease trajectory to a milder, Becker muscular dystrophy-like phenotype. Becker muscular dystrophy is very similar to DMD, except that in Becker, symptoms begin later and progress at a slower rate.

For individuals with a confirmed diagnosis of Duchenne muscular dystrophy (DMD) who are ambulatory and who receive delandistrogene moxeparvovec-rokl, the evidence includes 1 randomized controlled trial (RCT) and 1 prospective cohort study. Relevant outcomes are disease-specific survival, change in disease status, functional outcomes, health status measures, quality of life, and treatment-related mortality and morbidity. In the single pivotal RCT, 41 study participants were randomized 1:1 to receive either delandistrogene moxeparvovec-rokl (n=20) or placebo (n=21). Overall, there was no statistically significant difference in the primary endpoint of change in the North Star Ambulatory Assessment (NSAA) total score from baseline to week 48 between the treated group and the placebo group (1.7 vs 0.9 points, respectively, p =.37). However, the least squares (LS) mean change in NSAA total score from baseline to week 48 among subgroup of study participants aged 4 to 5 years was numerically greater for the treated (n=8) versus the placebo (n=8) group (4.3 vs 1.9 points, respectively). Study 103 included a cohort of 20 participants aged 4 through 7 years who received delandistrogene moxeparvovec-rokl. Muscle biopsies were obtained at baseline prior to infusion of gene therapy and at week 12 in all study participants. The mean delandistrogene moxeparvovec-rokl micro-dystrophin expression levels (change from baseline) at week 12 following infusion was 95.7% in study 102 and 51.7% in study 103. Multiple limitations were noted. First, the exploratory subgroup analysis on which the approval was based was not prespecified for hypothesis testing, and no prespecified multiplicity adjustment strategy was employed. Such post hoc subgroup analysis following an overall nonsignificant test in the overall population can only be considered as hypothesis-generating. Second, while data from open-label studies are interpretable under certain conditions, such as when the disease being studied is homogeneous, the treatment has a large effect, and the clinical endpoint can be objectively assessed, none of these conditions are applicable for DMD. Lastly, biomarker data reported in studies 102 and 103 only provides information about expression of the transgene product in cells transduced by delandistrogene moxeparvovec-rokl rather than insight into a pharmacologic effect on a known biomarker in the pathway of the disease. Delandistrogene moxeparvovec-rokl micro-dystrophin is a novel, engineered protein that contains selected domains of the normal, wild-type dystrophin expressed in healthy muscle cells. No epidemiologic or pathophysiologic evidence is available regarding the function of delandistrogene moxeparvovec-rokl micro-dystrophin. The protein differs in important ways from both the endogenous shortened forms of dystrophin in patients with Becker muscular dystrophy, and the internally truncated dystrophins expressed through exon-skipping drugs. Thus, the clinical benefit of treating DMD with delandistrogene moxeparvovec-rokl, including improved motor function and pulmonary function, has not been demonstrated. A confirmatory, prospective and adequately powered trial is necessary to assess the net health outcome of delandistrogene moxeparvovec-rokl in patients with DMD. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### **CODING**

The following HCPCS code(s) are considered not covered for Medicare Advantage Plans and not medically necessary for Commercial Products:

**J1413** Elevidys (Sarepta Therapeutics, Inc.); Injection, delandistrogene moxeparovec-rokl, per therapeutic dose (New Code Effective 1/1/2024). Prior to Dates of Service 1/1/2024, Unlisted HCPCS code C9399 or J3590 must be used).

## RELATED POLICIES

Not applicable.

## PUBLISHED

Provider Update, February 2024

## REFERENCES

1. Bushby K, Finkel R, Birnkrant DJ, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: implementation of multidisciplinary care. *Lancet Neurol.* Feb 2010; 9(2): 177-89. PMID 19945914
2. Center for Disease Control and Prevention. Muscular Dystrophy: MD STARnet Data and Statistics. Available at <http://www.cdc.gov/ncbddd/muscular dystrophy/data.html>. Accessed July 7, 2023.
3. Falzarano MS, Scotton C, Passarelli C, et al. Duchenne Muscular Dystrophy: From Diagnosis to Therapy. *Molecules.* Oct 07 2015; 20(10): 18168-84. PMID 26457695
4. Duchenne Muscular Dystrophy and Related Dystrophinopathies: Developing Drugs for Treatment Guidance for Industry. Published February 2018. Available at <https://www.fda.gov/media/92233/download>. Accessed July 7, 2023.
5. Zambon AA, Ayyar Gupta V, Ridout D, et al. Peak functional ability and age at loss of ambulation in Duchenne muscular dystrophy. *Dev Med Child Neurol.* Aug 2022; 64(8): 979-988. PMID 35385138
6. McDonald CM, Henricson EK, Abresch RT, et al. The 6-minute walk test and other endpoints in Duchenne muscular dystrophy: longitudinal natural history observations over 48 weeks from a multicenter study. *Muscle Nerve.* Sep 2013; 48(3): 343-56. PMID 23681930
7. Henricson E, Abresch R, Han JJ, et al. The 6-Minute Walk Test and Person-Reported Outcomes in Boys with Duchenne Muscular Dystrophy and Typically Developing Controls: Longitudinal Comparisons and Clinically- Meaningful Changes Over One Year. *PLoS Curr.* Jul 08 2013; 5. PMID 23867975
8. Food and Drug Administration. Summary Basis for Regulatory Action- Elevidys. June 21, 2023. Available at <https://www.fda.gov/media/169746/download>. Accessed July 5, 2023.
9. Prescribing Label: Elevidys (delandistrogene moxeparovec-rokl) suspension, for intravenous infusion. Available at <https://www.fda.gov/media/169679/download>. Accessed on July 5, 2023.
10. Food and Drug Administration. Sponsor Briefing Document for SRP-9001 (delandistrogene moxeparovec) for the treatment of duchenne muscular dystrophy. Cellular, Tissue, and Gene Therapies Advisory Committee. Meeting date 12 May 2023. Available at <https://www.fda.gov/media/168022/download>. Accessed July 12, 2023.
11. Gloss D, Moxley RT, Ashwal S, et al. Practice guideline update summary: Corticosteroid treatment of Duchenne muscular dystrophy: Report of the Guideline Development Subcommittee of the American Academy of Neurology. *Feb 02 2016; 86(5): 465-72.* PMID 26833937
12. Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. *Circulation.* Sep 26 2017; 136(13): e200-e231. PMID 28838934
13. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 1: diagnosis, and neuromuscular, rehabilitation, endocrine, and gastrointestinal and nutritional management. *Lancet Neurol.* Mar 2018; 17(3): 251-267. PMID 29395989
14. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. *Lancet Neurol.* Apr 2018; 17(4): 347-361. PMID 29395990



**CLICK THE ENVELOPE ICON BELOW TO SUBMIT COMMENTS**

This medical policy is made available to you for informational purposes only. It is not a guarantee of payment or a substitute for your medical judgment in the treatment of your patients. Benefits and eligibility are determined by the member's subscriber agreement or member certificate and/or the employer agreement, and those documents will supersede the provisions of this medical policy. For information on member-specific benefits, call the provider call center. If you provide services to a member which are determined to not be medically necessary (or in some cases medically necessary services which are non-covered benefits), you may not charge the member for the services unless you have informed the member and they have agreed in writing in advance to continue with the treatment at their own expense. Please refer to your participation agreement(s) for the applicable provisions. This policy is current at the time of publication; however, medical practices, technology, and knowledge are constantly changing. BCBSRI reserves the right to review and revise this policy for any reason and at any time, with or without notice. Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

