

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|---|-------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| ALBION | | | | | | | | | | | | | | | | |
| Blackstone River | | | | | | | | | | ● | | | | | | |
| Pawcatuck River | | | | | | | | | | ● | | | | | | |
| BARRINGTON | | | | | | | | | | | | | | | | |
| Barrington Town Beach <i>Bay Rd., (401) 247-1900</i> | | | | | | | | | ● | | | | | | | |
| East Bay Bike Path <i>Bristol to East Providence</i> | 14.5 miles | | | | ● | | ● | | | | | ● | | | ● | |
| Fieldholm Farms <i>60 George St., (401) 438-8555</i> | | | | | | | ● | | | | | | | | | |
| Path to Health <i>Prince's Hill Loop Along East Bay Bike Path and County Rd.</i> | 2 mile loop | | | | | | ● | | | | | | | | | |
| Path to Health <i>Rumstick Point Loop</i> | 4 mile loop | | | | | | ● | | | | | | | | | |
| BLOCK ISLAND | | | | | | | | | | | | | | | | |
| Charlestown Beach | | | | | | | | | ● | | | | | | | |
| Fred Benson Town Beach "Crescent Beach" <i>Corn Neck Rd., (401) 466-7717</i> | | | | | | | | | ● | | | | | | | |
| Mansion Beach <i>Mansion Beach Rd.</i> | | | | | | | | | ● | | | | | | | |
| Mohegan Bluffs <i>Walk along beach at cliff bottom</i> | | | | | | | ● | | | | | | | | | |
| Rodman's Hollow | | | | | | | ● | | | | | | | | | |
| BRISTOL | | | | | | | | | | | | | | | | |
| Audobon Environmental Education Center <i>1401 Hope Street (Rt. 114) (401) 245-7500</i> | | | | | | | ● | | | | | | | | | |
| Bristol Playground – Town Commons <i>State & Wood Streets</i> | | ● | ● | | | | | | | | | | | | | |
| Bristol Town Beach <i>(401) 253-7000</i> | | | | | | | | | ● | | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|-------------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| BRISTOL <i>Continued</i> | | | | | | | | | | | | | | | | |
| Colt State Park <i>Route 114, (401) 253-7482</i> | 4 miles | ● | | | ● | | ● | | | | | | | | | |
| East Bay Bike Path <i>Bristol to East Providence</i> | 14.5 miles | | | | ● | | ● | | | | | ● | | | ● | |
| Northwind Sports <i>259 Thames Ave. (401) 254-4295</i> | | | | | | | | | | | ● | | | | | |
| Ocean State Adventures <i>99 Poppasquash Rd. (401) 254-4000</i> | | | | | | | | | | | ● | | | | | |
| Path to Health <i>Colt State Park</i> | 4.5 miles | | | | | | ● | | | | | | | | | |
| BURRILLVILLE | | | | | | | | | | | | | | | | |
| George Washington <i>(401) 624-3367</i> | 18 miles | | | | | ● | | | | | | | | | | |
| Pulaski Memorial Recreation Area <i>Route 44</i> | | | | | | | ● | | | | | | | | ● | |
| CENTRAL FALLS | | | | | | | | | | | | | | | | |
| Path to Health Central Falls | 3 miles | | | | | | ● | | | | | | | | | |
| CHARLESTOWN | | | | | | | | | | | | | | | | |
| Burlingame State Park <i>Off the shores of Watchaug Pond, Route 1 (401) 322-8910</i> | | | | | | | ● | | ● | | | | | | | |
| Charlestown Breachway | | | | | | | | | ● | | | | | | | |
| Charlestown Town Beach <i>557 Charlestown Beach Rd. (401) 364-1208, Ext. 364</i> | | | | | | | | | ● | | | | | | | |
| East Beach/Ninigret State Beach <i>East Beach Rd., (401) 222-2632</i> | | | | | | | | | ● | | | | | | | |
| The Kayak Centre <i>1 Charlestown Beach (401) 295-1440</i> | | | | | | | | | | | ● | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/ Skateboarding | Ice Skating | Cross Country Skiing/ Snow Shoeing | Downhill Skiing |
|--|-----------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|-------------------------------|-------------|------------------------------------|-----------------|
| CHARLESTOWN <i>Continued</i> | | | | | | | | | | | | | | | | |
| Kimball Wildlife Sanctuary (ASRI)+ <i>Watchaug Pond</i> <i>(401) 874-6664 or 783-4369</i> | | | | | | | ● | | | | | | | | | |
| Ninigret National Wildlife Refuge <i>(401) 364-9124</i> | 4 miles | | | | | | ● | | | | | | | | | |
| Ninigret Park <i>Off Route 1A, (401) 364-1222</i> | | ● | ● | ● | ● | | ● | | ● | | | | | | | |
| Ninigret Pond | | | | | | | | | | ● | | | | | | |
| Watchaug Pond | | | | | | | | | | ● | | | | | | |
| CHEPACHET | | | | | | | | | | | | | | | | |
| Glocester Memorial Park <i>Adelaide Rd.</i> | | ● | ● | ● | | | | | | | | | | | | |
| Heritage Park <i>Chestnut Oak Rd.</i> | | | | | | | ● | | | | | | | | ● | |
| COVENTRY | | | | | | | | | | | | | | | | |
| Arkwright Riverwalk Budlong Pool <i>98 Aqueduct Rd.</i> <i>(401) 781-7477</i> | 1.5 miles | | | | | ● | ● | ● | | ● | | | ● | | ● | |
| Central Coventry Park <i>Provident Place</i> | | ● | ● | ● | | | ● | | | | | | | | | |
| Coventry Greenway Bike Path/Pawtuxet River <i>(401) 828-5650</i> | 5 miles | | | | ● | | ● | ● | | | | ● | | | ● | |
| Foster Memorial Park <i>Station St.</i> | | ● | | | | | ● | | | | | | | | | |
| George W. Parker Woodland (ASRI)+ <i>1670 Maple Valley Rd.</i> <i>(401) 949-5454</i> | | | | | | | ● | | | | | | | | | |
| Gold Dust Cutting Horse Farm <i>97 Reservoir Rd.</i> | | | | | | | | ● | | | | | | | | |
| Herbert F. Payne Memorial Park <i>1277 Main St.</i> | | ● | ● | ● | | | | | | | | ● | | | | |

+ ASRI = Audubon Society of Rhode Island

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/ Skateboarding | Ice Skating | Cross Country Skiing/ Snow Shoeing | Downhill Skiing |
|---|------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|-------------------------------|-------------|------------------------------------|-----------------|
| COVENTRY <i>Continued</i> | | | | | | | | | | | | | | | | |
| Hunter's Crossing Recreation Area <i>Hunter's Crossing Drive</i> | | ● | ● | ● | | | | | | | | | | | | |
| Merill S. Whipple Conservation Park <i>Route 117</i> | | | | | | | ● | | | ● | | | | | ● | |
| Trestle Trail <i>(401) 222-6822</i> | 10 miles | | | | | ● | ● | ● | | | | | | | ● | |
| Westwood YMCA <i>2093 Harkney Hill Rd. (401) 397-7779</i> | | | | | | | | | | | | ● | | | | |
| CRANSTON | | | | | | | | | | | | | | | | |
| Oak Hill Stables <i>439 Natick Ave. (401) 942-0813</i> | | | | | | | | ● | | | | | | | | |
| Washington Secondary Bike Path <i>Cranston to Warwick Parking: Gansett Ave. or Wilbur Ave.</i> | 5 miles | | | | ● | | ● | | | | | ● | | | | |
| CUMBERLAND | | | | | | | | | | | | | | | | |
| Blackstone River Bikeway <i>Lincoln to Mass. ' border Parking: George Washington Highway (Rte 116)</i> | 17.1 miles | | | | ● | | | | | | | | | | | |
| Brieswood Farm Riding Academy <i>Abbott Run Valley Rd. (401) 333-3336</i> | | | | | | | ● | | | | | | | | | |
| Diamond Hill State Park <i>Route 114, (401) 277-2632</i> | | ● | | | | | ● | | | | | | | | | |
| The Monastery <i>Route 114, (401) 728-2400</i> | | | | | | | ● | ● | | | | | | | | |
| EAST GREENWICH | | | | | | | | | | | | | | | | |
| Frenchtown Park and Recreation Facility <i>1127 Frenchtown Rd.</i> | | | ● | ● | | | ● | | | | | | | | | |
| Path to Health | 2 miles | | | | | | ● | | | | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| EAST PROVIDENCE | | | | | | | | | | | | | | | | |
| East Bay Bike Path <i>Bristol to East Providence</i> | 14.5 miles | | | | ● | | ● | | | | | ● | | | ● | |
| Haines Memorial State Park <i>Route 103, (401) 253-7482</i> | | ● | | | ● | | ● | | | | | | | | | |
| Osamequin Nature Trails & Bird Sanctuary <i>Located along the Barrington River and the Wamponaug Trail at the East Providence/Barrington line.</i> | | | | | | | ● | | | | | | | | | |
| EXETER | | | | | | | | | | | | | | | | |
| Arcadia State Park <i>Off Route 165, (401) 539-2356</i> | | | | | | | ● | ● | | ● | ● | | | | | |
| Fisherville Brook Wildlife Refuge (ASRI)+ <i>Pardon Joslin Rd. (401) 295-8283</i> | | | | | | | ● | | | | | | | | | |
| Wood River | | | | | | | | | | | ● | | | | | |
| Yawgoo Valley Ski Area <i>Yawgoo Valley Rd.</i> | | | | | | | | | | | | | | | | ● |
| GLENDALE | | | | | | | | | | | | | | | | |
| Branch River Park & Playground | | ● | ● | ● | | | | | | | | | | | | |
| Spring Lake Beach Recreational Facility <i>46 Pinecrest Lane (401) 568-9470</i> | | | | | | | | | ● | ● | | | | | | |
| GLOCESTER | | | | | | | | | | | | | | | | |
| Bowdish Reservoir | | | | | | | | | | | ● | | | | | |
| Casimir Pulaski Memorial State Park <i>Route 44, (401) 568-6209</i> | | | | | | | ● | | ● | | | | | | ● | |
| GREENVILLE | | | | | | | | | | | | | | | | |
| Deerfield Park <i>100 Lisa Ann Circle</i> | | ● | ● | ● | | | ● | | | | | | | | | |
| Pine Ledge Stable <i>949-5822</i> | | | | | | | | ● | | | | | | | | |

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| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|---|-----------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| HOPE VALLEY | | | | | | | | | | | | | | | | |
| Arcadia Management Area <i>(401) 539-2356</i> | 40 miles | | | | | ● All Levels | | | | | | | | | | |
| HOPKINTON | | | | | | | | | | | | | | | | |
| Alton Pond and Wood River | | | | | | | | | | ● | | | | | | |
| JAMESTOWN | | | | | | | | | | | | | | | | |
| Beavertail State Park <i>Beavertail Rd., (401) 423-9941</i> | | | | | | | ● | | | | | | | | | |
| Eldridge John Recreation Area <i>East Shore Rd.</i> | | ● | | | | | ● | | | | | | | | ● | |
| Fort Getty <i>West side of Conanicut Island (401) 423-7264</i> | | ● | | | | | ● | | | ● | | | | | | |
| Fort Wetherill State Park <i>Fort Wetherill Rd. (401) 423-1771</i> | | | | | | | ● | | | ● | | | | | | |
| Mackerel Cove/ Jamestown Town Beach <i>Beavertail Rd., (401) 423-7260</i> | | | | | | | | | ● | | | | | | | |
| Ocean State Scuba <i>79 North Main Rd. (401) 423-1662</i> | | | | | | | | | | | ● | | | | | |
| JOHNSTON | | | | | | | | | | | | | | | | |
| Johnston Memorial Park and Playground <i>Hartford Ave.</i> | | | | | | | ● | | | | | | | | | |
| Municipal Pool <i>1583 Hartford Ave. (401) 272-8994</i> | | | | | | | | ● | | | | | | | | |
| Woonasquatucket River <i>Bikeway/Northwest Bike Trail</i> | | | | | ● | | ● | | | | | | | | | |
| KINGSTON | | | | | | | | | | | | | | | | |
| Canterbury Farm <i>(401) 783-7512</i> | | | | | | | | ● | | | | | | | | |
| South County Bike Path <i>Kingston to South Kingston</i> | 3.5 miles | | | | ● | | | | | | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| LINCOLN | | | | | | | | | | | | | | | | |
| Blackstone River Bikeway <i>Lincoln to Mass' border</i> <i>Parking: Blackstone River State Park on Front Street (Route 123)</i> | 17.1 miles | | | | ● | | | | | | | | | | | |
| Lincoln Woods State Park <i>Route 123, (401) 723-7892</i> | 15 miles | ● | | | | ● | ● | ● | | ● | | | | | | |
| Olney Pond | | | | | | | | | | | ● | | | | | |
| Sunset Stables <i>1 Twin River Rd.</i> <i>(401) 722-3033</i> | | | | | | | | ● | | | | | | | | |
| LITTLE COMPTON | | | | | | | | | | | | | | | | |
| South Shore Beach <i>South Shore Rd.</i> <i>(401) 635-9974</i> | | | | | | | | | | ● | | | | | | |
| MIDDLETOWN | | | | | | | | | | | | | | | | |
| Atlantic Beach <i>Memorial Blvd., (401) 846-2119</i> | | | | | | | | | | ● | | | | | | |
| Norman Bird Sanctuary <i>583 Third Beach Rd.</i> <i>(401) 846-2577</i> | 7 miles | | | | | | ● | | | | | | | | | |
| Path to Health <i>Second Beach, Valley Rd.</i> <i>Turner Rd.</i> | 5 miles | | | | | | ● | | | | | | | | | |
| Sachuest Point National Wildlife Refuge <i>769 Sachuest Point Rd.</i> <i>(401) 847-5511</i> | 5 miles | | | | | | ● | | | | | | | | | |
| Second Beach/Sachuest Town Beach <i>305 Sachuest Point Rd.</i> <i>(401) 849-2822</i> | | | | | | | | | | ● | | | | | | |
| Third Beach <i>(401) 849-2822</i> | | | | | | | | | | ● | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|-------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| NARRAGANSETT | | | | | | | | | | | | | | | | |
| Black Point <i>Off Route 1A</i> | | | | | | | ● | | | | | | | | | |
| Fisherman's Memorial State Park <i>Route 108, Point Judith Rd. (401) 789-8374</i> | | | ● | | | | | | | | | | | | | |
| Narragansett Ocean Club <i>360 South Pier Rd. (401) 783-1711</i> | | | | | | | | | | | | | ● Inline Only | | | |
| Narragansett Pier Dive Shop <i>145 Boon St., (401) 783-2225</i> | | | | | | | | | | | | ● | | | | |
| Narragansett Town Beach <i>Boston Neck Rd. (401) 783-6430</i> | | | | | | | | | ● | | | | | | | |
| Narrow River Kayaks <i>95 Middlebridge Rd. (401) 789-0334</i> | | | | | | | | | | | | ● | | | | |
| Path to Health <i>North Pier to Sprague Park to Lakewood Drive to South Pier Rd.</i> | 3 mile loop | | | | | | ● | | | | | | | | | |
| Pettaquamscutt River | | | | | | | | | | | ● | | | | | |
| Roger W. Wheeler State Beach <i>100 Sand Hill Cove Rd. (401) 222-2632 (401) 789-8374</i> | | | | | | | | | | ● | | | | | | |
| Salty Brine State Beach <i>254 Great Rd. (401) 789-8374</i> | | | | | | | | | | ● | | | | | | |
| Scarborough State Beach <i>870 Ocean Rd. (401) 222-2632</i> | | | | | | | | | | ● | | | | | | |
| Sprague Tennis Courts <i>179 Kingstown Rd. (401) 782-0695</i> | | | | ● | | | | | | | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|---|------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| NEWPORT | | | | | | | | | | | | | | | | |
| Adventure Sports 142 Long Wharf (401) 849-4820 | | | | | | | | | | | | ● | | | | |
| Born Ice Rink Newport Yachting Center, Americas Cup Ave. (401) 846-1600 | | | | | | | | | | | | | | ● | | |
| Brenton Point State Park Ocean Dr., (401) 849-5649 | | | | | | ● | | | | | | | | | | |
| Cliff Walk Memorial Blvd. | | | | | | ● | | | | | | | | | | |
| Easton's Beach/First Beach 175 Memorial Blvd. (401) 848-6491 | | | | | | | | | ● | | | | | | | |
| Fort Adams State Park Harrison Ave., (401) 847-2400 | | | | | | | | | ● | ● | | | | | | |
| Gooseberry Beach Ocean Dr., (401) 847-3958 | | | | | | | | | ● | | | | | | | |
| King Park Wellington Ave. (401) 846-1398 | | | | | | | | | ● | | | | | | | |
| Newport Equestrian Center 287 Third Beach Rd. (401) 848-5440 | | | | | | | ● | | | | | | | | | |
| Newport Ramble Newport to Middletown | 25.7 miles | | | | ● | | | | | | | | | | | |
| Ten Speed Spokes 18 Elm St., (401) 847-5609 | | | | | | | | | | | | ● | | | | |
| NORTH KINGSTOWN | | | | | | | | | | | | | | | | |
| Belleville Pond | | | | | | | | | | ● | | | | | | |
| Davis Memorial Wildlife Refuge (ASRI)+ Davisville Rd., (401) 949-5454 | | | | | | ● | | | | | | | | | | |
| Great Swamp (401) 222-1267 | 6 miles | | | | | ● | | | | | | | | | | |
| North Kingstown Town Beach (401) 294-3331 | | | | | | | | | ● | | | | | | | |

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| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|---------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| NORTH KINGSTOWN <i>Continued</i> | | | | | | | | | | | | | | | | |
| Quaker Lane Bait and Tackle <i>9 Quaker Lane (401) 294-9642</i> | | | | | | | | | | | ● | | | | | |
| Ryan Park <i>Oakhill Rd.</i> | | ● | | | ● | | ● | ● | | | | | | | ● | |
| Wilson Park <i>West Main St.</i> | | ● | ● | ● | | | ● | | | | | | | | | |
| NORTH SMITHFIELD | | | | | | | | | | | | | | | | |
| Fort Refuge (ASRI)+ <i>Route 5, (401) 949-5454</i> | 5 miles | | | | | | ● | | | | | | | | ● | |
| PAWTUCKET | | | | | | | | | | | | | | | | |
| Path to Health <i>Downtown Pawtucket</i> | 6 miles | | | | | | ● | | | | | | | | | |
| Pawtucket & Providence Figure <i>25 Beatty St., (401) 724-0908</i> | | | | | | | | | | | | | ● | | | |
| Slater Memorial Park <i>(401) 728-0500</i> | | | | | ● | | ● | | | | | | | | | |
| Veteran's Pool Legion Drive | | | | | | | | | ● | | | | | | | |
| PORTSMOUTH | | | | | | | | | | | | | | | | |
| Glen Farm <i>163 Glen Farm Rd. (401) 847-7090</i> | | | | | | | | ● | | | | | | | | |
| Island Park Beach | | | | | | | | | | ● | | | | | | |
| Narragansett Bay Natural Estuarine Research Reserve <i>Prudence Island</i> | | | | | | | ● | | | | | | | | | |
| Sandy Point Beach <i>Sandy Point Ave.</i> | | | | | | | | | | ● | | | | | | |
| Sandy Point Stables <i>30 Sandy Point Farm Rd. (401) 849-3958</i> | | | | | | | | ● | | | | | | | | |
| Teddy's Beach <i>Park Ave.</i> | | | | | | | | | | ● | | | | | | |
| PROVIDENCE | | | | | | | | | | | | | | | | |
| Alamagno Pool <i>675 Plainfield St.</i> | | | | | | | | | ● | | | | | | | |

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| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|------------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| PROVIDENCE Continued | | | | | | | | | | | | | | | | |
| Blackstone Boulevard East Side | 1.5 miles | | | | | | ● | | | | | | | | | |
| Blackstone River Bikeway Providence to Woonsocket | | | | | | ● | ● | | | | | ● | | | ● | |
| Columbia Park Vermont Ave. | | | ● | | | | ● | | | | | | | | | |
| Davie Lopes Pool & Recreation Complex 248 Dudley St. | | | ● | | | | | ● | | | | | | | | |
| Fargnoli Park Playground Smith St. | | ● | ● | | | | | | | | | | | | | |
| Fleet Skating Center 2 Kennedy Plaza (401) 331-5544 | | | | | | | | | | | | ● | ● | | | |
| India Point Park India Court | | | | | ● | | | | | | | ● | | | ● | |
| Joslin Pool 17 Hyatt Street | | | | | | | | | ● | | | | | | | |
| Madeline Rogers Pool One Danforth St. | | | | | | | | | ● | | | | | | | |
| McGrand Pool 404 Dexter St. | | | | | | | | | ● | | | | | | | |
| Path to Health Historic Armory District – Broadway | 3 miles | | | | | | ● | | | | | | | | | |
| Path to Health Broad St. | 3 miles | | | | | | ● | | | | | | | | | |
| Path to Health Downtown | 6 miles | | | | | | ● | | | | | | | | | |
| Roger Williams Park 950 Elmwood Ave. (401) 785-9450 | | ● | | | | | ● | | | | | ● | | | ● | |
| Selim-Rodgers Pool One Danforth St. | | | | | | | | | ● | | | | | | | |
| Waterplace Park & Riverwalk Memorial Boulevard (401) 785-9450 | | | | | | | ● | | | | | | | | | |
| Zuccolo Pool 11 Gesler Street | | | | | | | | | ● | | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|---|---------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| RICHMOND | | | | | | | | | | | | | | | | |
| Willow Valley Farm <i>Hillsdale Rd., (401) 539-2742</i> | | | | | | | | ● | | | | | | | | |
| ROCKVILLE | | | | | | | | | | | | | | | | |
| Long Pond Woods (ASRI)+ <i>Long Bridge Rd. (401) 949-5454</i> | | | | | | | ● | | | | | | | | | |
| SAUNDERSTOWN | | | | | | | | | | | | | | | | |
| Hammond Farm <i>(401) 295-5588</i> | | | | | | | | ● | | | | | | | | |
| SCITUATE | | | | | | | | | | | | | | | | |
| Scituate Reservoir-Gainer Dam <i>Route 116</i> | | | | | | | ● | | | | | | | | | |
| SMITHFIELD | | | | | | | | | | | | | | | | |
| Powder Mill Ledges Wildlife Refuge – Audubon Society of RI <i>12 Sanderson Rd. (Rt. 5) (401) 949-5454</i> | | | | | | | ● | | | | | | | | | |
| Stillwater Reservoir | | | | | | | | | | | ● | | | | | |
| SOUTH KINGSTOWN | | | | | | | | | | | | | | | | |
| Brousseau Park <i>Succotash Rd., (401) 789-9301</i> | | ● | ● | ● | | | | | | | | | | | | |
| East Matunuck State Beach <i>950 Succotash Rd.</i> | | | | | | | | | | ● | | | | | | |
| Old Muontani Field <i>Kingstown Rd., (401) 789-9301</i> | | ● | ● | ● | | | ● | | | | | ● | | | | |
| Roy Carpenter's Beach <i>240 Card's Pond Rd. (401) 783-7418</i> | | | | | | | | | | ● | | | | | | |
| Saugautucket Greenway <i>Off Route 108 (401) 789-7033</i> | | | | | | | ● | | | | | | | | | |
| South Kingstown Bicycle Path <i>Kingston Station to Peace Dale Parking: Rte. 138</i> | 4 miles | | | | ● | | ● | | | | | | | | | |

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| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|---|------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|--|
| SOUTH KINGSTOWN <i>Continued</i> | | | | | | | | | | | | | | | | |
| South Kingstown Town Beach <i>Matunuck Beach Rd.</i> (401) 789-9301 | | | | | | | ● | | | ● | ● | | | | | |
| Trustom Wildlife Refuge <i>Off Moonstone Beach Rd.</i> (401) 364-9124 | 4.4 miles | | | | | | ● | | | | | | | | | |
| Tucker Pond | | | | | | | | | | | ● | | | | | |
| Tuckertown Park <i>Tuckertown Rd.</i> (401) 789-9301 | | ● | ● | ● | | | ● | | | | | | | | | |
| Worden Pond and Great Swamp | | | | | | | | | | | ● | | | | | |
| TIVERTON | | | | | | | | | | | | | | | | |
| Emilie Ruecker Wildlife Refuge Audubon Society <i>Seapowet Ave.</i> (401) 624-3759 | | | | | | | ● | | | | | | | | | |
| Fogland Beach/Tiverton Town Beach <i>Fogland Rd., (401) 625-6780</i> | | | | | | | | | | ● | | | | | | |
| Fort Barton Park <i>Highland Rd., (401) 625-6700</i> | | | | | | | ● | | | | | | | | | |
| Grinnell's Beach | | | | | | | | | | ● | | | | | | |
| Roseland Acres Equestrian Center <i>594 East Rd., (401) 624-8866</i> | | | | | | | | | | | | | | | | ● |
| The Sakonnet Boathouse <i>169 Riverside Dr.</i> (401) 624-1440 | | | | | | | | | | | | | | | | ● |
| Sakonnet Point Ramble <i>Tiverton to Sakonnet Point</i> | 28.7 miles | | | | ● | | | | | | | | | | | |
| Tiverton Town Recreation Area <i>Main Rd.</i> | | ● | | ● | | | | | | | | | | | | |
| Weetamo Woods (401) 625-7680 | 5 miles | | | | | ● | | | | | | | | | | |
| | | | | | | | | | | | | | | | | Beginner & Intermediate Level |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| WARREN | | | | | | | | | | | | | | | | |
| Burr's Hill Park <i>South Water St.</i> | | ● | ● | ● | | | | | ● | | | | | | | |
| East Bay Bike Path <i>Bristol to East Providence</i> | 14.5 miles | | | | ● | | ● | | | | | ● | | | ● | |
| Hugh Cole Playground <i>Asylum Rd. (off Child St./Rte. 103)</i> | | ● | ● | | | | ● | | | | | | | | | |
| Touisset Marsh Wildlife Refuge Audubon Society <i>Touisset Rd., 508-761-8230</i> | | | | | | | ● | | | | | | | | | |
| Warren Town Beach <i>Water St., (401) 245-7554</i> | | | | | | | | | ● | | | | | | | |
| Windswept Farms <i>106 Birch Swamp Rd. (401) 245-7970</i> | | | | | | | ● | | | | | | | | | |
| WARWICK | | | | | | | | | | | | | | | | |
| Buttonwoods State Park <i>Asylum Rd. in Warwick City Park</i> | | ● | | | ● | | ● | | ● | | | ● | | | | |
| Conimicut Point Beach <i>Point Ave. (401) 738-2000, Ext. 6806</i> | | | | | | | | | ● | | | | | | | |
| Goddard Park Memorial State Park <i>Ives Rd., (401) 884-2010</i> | 8 miles | ● | | | | ● | ● | ● | ● | | | | | | | |
| Kent County YMCA <i>900 Centerville Rd. (401) 828-0130</i> | | | | | | | | | | | | ● | | | | |
| Oakland Beach <i>Oakland Beach Ave.</i> | | | | | | | | | ● | | | | | | | |
| Washington Secondary Bike Path <i>Cranston to Warwick Parking: West Natick Rd. (under I-195)</i> | 5 miles | | | | ● | | ● | | | | | ● | | | | |

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| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|-------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| WEST GREENWICH | | | | | | | | | | | | | | | | |
| Big River <i>(401) 397-7053</i> | 25–30 miles | | | | | ● All Levels | | | | | | | | | | |
| Stepping Stone Ranch <i>201 Escoheag Hill Rd. (401) 397-3725</i> | | | | | | | | ● | | | | | | | | |
| URI's Environmental Education Center <i>W. Alton Jones Campus (401) 397-3304, Ext. 6043</i> | | | | | | | ● | | | | | | | | | |
| WEST KINGSTOWN | | | | | | | | | | | | | | | | |
| W. Kingstown Park <i>Route 138, (401) 890-9301</i> | | ● | ● | ● | | | ● | | | | | | | | | |
| WEST WARWICK | | | | | | | | | | | | | | | | |
| Phenix-Harris Riverwalk <i>West Warwick to Coventry</i> | | | | | ● | ● | ● | | | | | ● | | | ● | |
| Washington Secondary Bike Path <i>Cranston to Warwick Parking: Riverpoint, Providence St., & Hay St.</i> | 5 miles | | | | ● | | ● | | | | | ● | | | | |
| WESTERLY | | | | | | | | | | | | | | | | |
| Atlantic Beach <i>Eastern end of Misquamicut (401) 322-0504</i> | | | | | | | | | ● | | | | | | | |
| Blue Shutters Town Beach <i>469 East Beach Rd. (401) 364-1206</i> | | | | | | | | | ● | | | | | | | |
| Dunes Park Beach <i>Shore Rd.</i> | | | | | | | | | ● | | | | | | | |
| The Kayak Centre <i>(401) 295-4400</i> | | | | | | | | | | | ● | | | | | |
| Misquamicut State Beach <i>257 Atlantic Ave. (401) 596-9097</i> | | | | | | | | | ● | | | | | | | |
| Napatree Point <i>Entrance is hidden behind shopping center in the Watch Hill village of Westerly.</i> | 3 miles | | | | | | ● | | | | | | | | | |

| Town/City | Miles | Ball Fields | Basketball | Tennis | Bike Paths | Mountain Biking Trails | Hiking/Walking/Running | Horseback Riding | Outdoor Pool | Beaches/Swimming | Canoeing/Kayaking | Canoeing/Kayaking Sales & Rental | Inline Skating/Skateboarding | Ice Skating | Cross Country Skiing/Snow Shoeing | Downhill Skiing |
|--|---------------|-------------|------------|--------|------------|------------------------|------------------------|------------------|--------------|------------------|-------------------|----------------------------------|------------------------------|-------------|-----------------------------------|-----------------|
| WESTERLY <i>Continued</i> | | | | | | | | | | | | | | | | |
| Watch Hill Beach <i>Downtown Watch Hill</i> | | | | | | | | | | ● | | | | | | |
| Wilcox Park <i>71 ½ High Street (401) 596-8590</i> | | | | | | | ● | | | | | | | | | |
| WICKFORD | | | | | | | | | | | | | | | | |
| The Kayak Centre <i>9 Phillips St., (401) 295-4400</i> | | | | | | | | | | | | ● | | | | |
| Wilson Park Bikeway <i>West Main Street in North Kingstown on the way to Wickford Village.</i> | 1.5 mile loop | ● | ● | ● | ● | | | | | | | | | | | |
| WOONSOCKET | | | | | | | | | | | | | | | | |
| River Island Park <i>Bernon St., (401) 762-6400</i> | | | | | | | ● | | | | ● | | | | | |
| World War II Memorial State Park <i>Social St., (401) 762-9717</i> | | | | ● | | | | | ● | | | | | | | |
| WYOMING | | | | | | | | | | | | | | | | |
| Hunter Ridge <i>40 Richmond Townhouse Rd. (401) 364-2244</i> | | | | | | | | ● | | | | | | | | |
| MASSACHUSETTS | | | | | | | | | | | | | | | | |
| Wachusett Mountain <i>499 Mountain Rd. Princeton, MA (508) 464-2300</i> | | | | | | | | | | | | | | | | ● |

For information on all parks in Rhode Island, contact RIDEM, www.riparks.com, 222-2632.

For more information on trails in Rhode Island, visit www.trailink.com

Blue Cross & Blue Shield of Rhode Island does not endorse the above facilities, nor is the above listing all inclusive.

LOCAL PARKS AND RECREATION DEPARTMENTS

To find out what types of activities your city/town offer, contact the Parks and Recreation Department at the number listed below.

| <u>City/Town</u> | <u>Phone</u> | <u>City/Town</u> | <u>Phone</u> |
|----------------------------|--------------------------|----------------------------|-------------------------|
| Barrington | (401) 247-1925 | New Shoreham | (401) 466-3223 |
| Bristol | (401) 253-9847 | Newport | (401) 846-1398 |
| Burrillville | (401) 568-9470 | North Kingstown | (401) 294-3331 Ext.241 |
| Central Falls. | (401) 727-7455 | North Providence | (401) 233-1445 |
| Charlestown | (401) 364-1227 | North Smithfield | (401) 767-2200 |
| Coventry | (401) 822-9107 | Pawtucket | (401) 728-0500 |
| Cranston | (401) 461-1000 Ext. 7170 | Portsmouth | (401) 683-3255 |
| Cumberland. | (401) 334-9996 | Providence. | (401) 421-7740 Ext. 323 |
| East Greenwich | (401) 886-8626 | Richmond | (401) 539-1005 |
| East Providence. | (401) 435-7511 | Scituate. | (401) 647-3366 |
| Exeter | (401) 294-3891 | Smithfield | (401) 949-4590 |
| Foster | (401) 397-7101 | South Kingstown | (401) 789-9301 |
| Glocester. | (401) 568-6209 | Tiverton. | (401) 625-6780 |
| Hopkinton | (401) 377-7795 | Warren | (401) 245-8950 |
| Jamestown | (401) 423-7211 | Warwick | (401) 738-2000 Ext.6805 |
| Johnston | (401) 272-3460 | Westerly | (401) 348-2587 |
| Lincoln | (401) 333-8418 | West Greenwich. | (401) 392-3800 |
| Little Compton. | (401) 635-2400 | West Warwick | (401) 822-9260 |
| Middletown | (401) 847-1993 | Woonsocket | (401) 767-9287 |
| Narragansett | (401) 782-0658 | | |