

30th Annual Worksite Health Awards

Application

30 years of celebrating well-being in the workplace

Once again, Blue Cross & Blue Shield of Rhode Island (BCBSRI) is proud to be a Presenting Sponsor of the Worksite Health Awards. In partnership with the Greater Providence Chamber of Commerce, we want to thank you for making your employees' physical and emotional health a top priority.

A successful employee well-being program can certainly be a win-win and you've all proved this to be true. As you incorporate effective well-being practices at work, you also help your organization control healthcare costs, increase retention, and even create a more engaged workforce.

In these awards, four levels are acknowledged: Achievement (<100 points), Outstanding (100-149 points), Superior (150-199 points), and Exemplary (200+ points with supplemental materials included). In addition, we will recognize those companies that went above and beyond to support their employees' well-being in creative and innovative ways.

When filling out your application, refer only to programs and educational efforts that were promoted or implemented in 2023. Also, please upload only the items listed in the Supplemental Materials section.

Please note that the review panel may request additional documentation as needed to support the information provided in this application. Submit your application at bcbsri.com/WorksiteHealth. If you have any questions, please contact Barbara Laurino at blaurino@provchamber.com or **(401) 521-5000**.

Save the date

This year, we'll be announcing the winners at an in-person event:

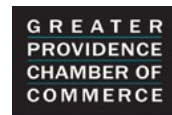
Thursday, July 25, 2024

Crowne Plaza Hotel

Warwick

8:30 a.m. - 10:00 a.m.

Don't miss out! Applications will be accepted through June 5.



Worksite Health Awards Application Form

Company Information

Company: _____

Contact Name: _____

Title: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Number of full-time employees: _____

Website: _____ Email Address: _____

Company name as it should appear on your award and in promotional materials:

Company name will be listed in BCBSRI and Greater Providence Chamber of Commerce advertisements and promotions of the Worksite Health Awards.

“Create and Innovate” Awards

We are looking for creative and innovative ways that employers continue to evolve to keep employees engaged in their well-being programs.

Please attach your “create and innovate” success story with this application. (25 bonus points)

I. Health Awareness

Please check all that apply. (5 points each)

In 2023, our company:

1. Promoted a Health Assessment or Health Check to determine population health risk and plan relevant programs.
2. Provided written and/or digital educational wellness materials to promote a healthy lifestyle.
3. Surveyed employees to ensure wellness programming supported their needs. (e.g., “Best Places to Work” survey)

II. Intervention

(5 points each - max of 110 points)

Complete the applicable fields below or attach a detailed listing of 2023 company-sponsored/promoted health and wellness activities.

Screenings/Prevention (for example, onsite health screenings, immunization clinics, or educational programs)

	Date(s)	Description
Blood Pressure	_____	_____
Body Composition/BMI	_____	_____
Bone Density	_____	_____
Cholesterol	_____	_____
Dermascan (sun safety)	_____	_____
Diabetes Programming	_____	_____
Immunization/vaccine clinic	_____	_____
Other:	_____	_____

Education/Behavior Change (for example, onsite seminar, webinar, and multi-week series)

Corporate Challenge	_____	_____
Diversity, Equity and Inclusion (DEI)	_____	_____
Disease Prevention	_____	_____
Financial Health	_____	_____
Health Coaching	_____	_____
Healthy Sleep	_____	_____
Healthy Weight	_____	_____
Mental Health	_____	_____
Mindfulness	_____	_____
Nutrition	_____	_____
Physical Activity	_____	_____
Self-care	_____	_____
Tobacco Cessation	_____	_____
Work/life Balance	_____	_____
Other	_____	_____
	_____	_____
	_____	_____

Total Number of Programs: _____

III. Digital Well-being and Safety

Please check all that apply. (5 points each)

In 2023, our company:

- Provided occupational health and safety materials on ergonomics, back care, flexible workstations, etc.
- Offered one comprehensive digital well-being platform for all employees
- Maintained a minimum 10% enrollment in our digital well-being solution
- Other (name of program): _____

IV. Policy, Organization, and Culture

Please check all that apply. (5 points each)

In 2023, our company had written policies for the following:

- | | |
|---|---|
| Smoking | Diversity, equity, inclusion, and belonging (DEIB) |
| Lactation (including lactation room) | Flexible work schedules |
| Injury prevention | Substance abuse |
| Maternity/paternity leave | Employee recognition |
| Designated a wellness committee or coordinator | Provided professional development opportunities |
| Offered participation incentives, such as gift cards or HSA contributions | Provided nutrition labeling where applicable (vending machines, cafeteria) |
| Included spouses/domestic partners in programs | Measured program outcomes (employee satisfaction, aggregate health changes, etc.) |
| Offered an employee assistance program (EAP) | Reviewed participation data at least annually |
| Offered supplemental insurance, such as dental, vision, life, and/or critical illness | |

Supplemental Materials

To be considered for the highest level (Exemplary) award, you must provide attachments for three (3) of the following:

- | | |
|---|--|
| Written wellness plan | Outcome aggregate report (e.g., health risk report, participation/engagement report) |
| Incentive plan overview | |
| Sample communications plan or recognition program | |

